



IFC
by Regnum Christi



FORMATION PROGRAM IFC 2026

"May they all be one so that the
world may believe that you have
sent me"

John 17:21



REGNUM
CHRISTI

www.ifcbyrc.com

Formation of Formators



The Regnum Christi Federation promotes the formation of formators because of the awareness that people who are well prepared to form, guide, and inspire others are essential for *deep, lasting, and dynamic* apostolic action.



Statutes of the RC
Federation (36)



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Mission

To form and inspire the Regnum Christi formators so that they renew their identity and mission as apostles of the Kingdom within Regnum Christi in the Church (cf. SRCF 7, 36).

4 Objectives:

1. Create opportunities for a real, personal and transforming **encounter with Christ**, in which the formator discovers his vocation to be a beloved child of the Father, in Jesus Christ, through the Holy Spirit (cf. LG 7).
2. Facilitate **greater self-knowledge** in each formator, which serves as the basis for the spiritual life, alongside the awareness of their vocation and mission within Regnum Christi and the Church.
3. God-Man-World, which will help them to understand the world, history, and the signs of the times in light of the Gospel.
solid intellectual formation based on the triad
4. Facilitate for the formators an experience of the joy of living the faith in a **community of apostles**, aware that we are part of a spiritual family in the Church (cf. SRCF 18).



Key Questions



Salvation History

Who is God, and how does He act in history?

Identity and Vocation

Who am I? Who am I called to be?

Culture, Society, and Holiness

How do I read and engage today's world?

Ecclesiology, Discernment, and Mission

How does the Church respond and what is the lay vocation?

Pilgrimage

How do the saints embody discernment in history? How did they evangelize culture and hearts for Christ?

RC Identity and Sending

How am I called to respond through the Regnum Christi charism?



Dynamic Formation

In the IFC, we foster the formator's growth through complementary pedagogical approaches.

In the **FORMATIVE** dimension, we shape them according to evangelical values so they may reflect Christ.

In the **EDUCATIONAL** dimension, we help reveal and develop their God-given talents, charisms, and experiences.

In the **EXPERIENTIAL** dimension, we guide them to engage deeply with their own journey, their relationship with God, and their mission in the world.





IFC Spirituality

The IFC's spirituality is expressed in specific moments where we encounter God in a special way, both communally and individually. It also encompasses times when we delve deeper into this encounter and explore the spiritual life. In the IFC, these moments include:

DAILY

Meditations

Following the Spiritual Exercises of St. Ignatius of Loyola.

Night Prayer

Moments of adoration, examination of conscience, and compline.

Eucharistic Adoration

Charismatic Prayer Moments

PERIODIC

Personal Accompaniment

RC Talks

Insightful conferences that delve into the journey of discipleship and spiritual life.

Prayer Workshop

Apostolate in the City of Rome

Street Faith





CHAPTERS

The IFC is divided into 6 chapters, which follow a specific pattern.

Each activity, conference, and workshop has a specific reason for its place within the curriculum.





Rome

9th - 12th of July

Chapter I

Breaking the Ice

Focus: building the community, clarifying expectations, and laying the foundations of spiritual life.

Objective: To establish a cohesive communal foundation by aligning the formators with the IFC's spiritual culture, clarifying expectations of the formation process, and fostering the self-awareness necessary for authentic service within the Church.

Keywords: Community formation · trust & safety · expectations · spiritual rhythm · personal prayer · accompaniment · self-knowledge

Conferences & Workshops

Welcome, Expectations, and Community-Building

Teams: Division and Leaders

IFC and Regnum Christi Spirituality

Personal Accompaniment: Orientation and Expectations

Prayer Workshop: Foundations and the Spiritual Life

Strengths: Gifts, Self-Knowledge, and Contribution

Other Activities:

Inaugural Ceremony and Mass

Visit to Assisi





Treasures in Clay

Core Questions: What is God's plan? Who is the human person? What is the goal of man's life? How does man fulfill his purpose? What is man's vocation in Christ?

Objective: Our goal of entering the big picture implies, as the Catechism explains, a panoramic view and a "reading that looks for the unity of Scripture and helps illuminate the unity of God's Plan" of salvation: from creation to the messianic fulfillment in Jesus, and continuing with the birth and spread of the Church.

Keywords: History of Salvation · Revelation · Covenant · Christological fulfillment · redemption · Imago Dei · person (dignity) · body-soul unity · freedom and truth · conscience · virtue · male-female complementarity · nuptial meaning · vocation · discernment · mission

Conferences & Workshops

The Story of Salvation

P. Anton Vogelsang, LC

Christian Anthropology

Marta Rodriguez, CRC (Spanish)

Dating Workshop

Fr. Vincenz Heereman, LC

Other Activities:

Street Faith

RC Talks





Own Your World View

Core question: How do we read culture and act within it?

Objective: Equipping formators to navigate and understand the ideologies and problems that challenge today's world, hence forming an objective personal criterion in accordance with the Gospel. Enabling them to see, judge, and act as witnesses who transform culture through their daily lives.

Keywords: Identity & meaning · cultural diagnosis · worldview · faith and reason · discernment · dialogue · evangelization of culture · leadership as service · beauty as a path to God · integration (not fragmentation)

Conferences & Workshops

Existential Identity and Meaning

What is a worldview?

Alice Bresolin, CRC

Leadership and Culture

Fr. Gabriel Wendt, LC

Other Activities:

Praise and Worship
Vatican Museums





Formed in the Church

Core question: How does the Church respond to today's world, and how is the lay apostle called to act?

Objective: This chapter grounds the lay apostle's mission in a deep understanding of human dignity and ecclesial communion, equipping them with Catholic Social Doctrine and spiritual discernment to transform secular culture.

Keywords: Church (Mystery-Communion-Mission) · lay vocation · holiness in the world · co-responsibility · Catholic Social Doctrine · human dignity · common good · solidarity · subsidiarity · signs of the times · discernment · apostolic action · communion with the Pope

Conferences & Workshops

Lumen Gentium

Fr. Sameer Advani, LC

Social Doctrine

Apostolic Discernment of Reality

Fr. Mark Thelen, LC

Saints

IFC Formation Team

Other Activities:

Castel Gandolfo and Angelus with Pope Leo XIV





Pilgrimage: A Colorful Tapestry

On pilgrimage in France, we explore the lives of the saints as the threads that form the history of the Church.

Objective: To experience God's action in the lives of saints, and to deepen in our charism's devotion to the Sacred Heart by visiting the place he revealed it.

Keywords: Saints · Tradition · Sacred Heart · consecration · reparation · apostolate · Eucharistic · intercession · community bonds · cultural dialogue · vocation and mission

Ars

Saint John Vianney (Curé d'Ars)

Paray-le-Monial

Saint Margaret Mary Alacoque
Saint Claude La Colombière, S.J.

Nevers

Saint Bernadette Soubirous

Lisieux

Saint Thérèse of the Child Jesus
and the Holy Face

Paris

Saint Vincent de Paul
Our Lady of the Miraculous Medal
- Rue du Bac
Saint Catherine Labouré
Notre Dame + Saint Chapelle
Sacré Coeur Night Adoration





Core question: How do I reread everything through the RC charism and go forth as a formator? How can we progress from being static spectators to active participants in the mystery of God's plan of salvation?

Objective: The goal of this chapter is to dive deeper into the mystery of the Kingdom of Christ to help us better live our identity as Regnum Christi members. We want to focus on what moved Christ to go out to meet and form apostles. As Regnum Christi members we want to collaborate with Christ so this Kingdom becomes present "in the hearts of all people and in society." (SRCF 7)

Keywords: Christ the Apostle · RC Identity · Formation of Formators · Accompaniment · Apostolic Lifestyle · Missionary Sending

Conferences & Workshops

Christ Apostle of the Kingdom

The Five Elements of Life in RC

Community of Apostles Workshop

Apostolic Discernment of Your Reality

"Who am I and how do I contribute to RC?"

Final Adoration: Sending of the Apostles



Patron Saints of the IFC

Saint John Paul II

Do not be afraid to draw near to him, to cross the threshold of his dwelling, to speak with him, face to face, as you talk with a friend (cf. Ex 33:11). Do not be afraid of the “new life” he is offering.

Saint Paul Apostle

Let no one look down on your youthfulness, but rather in speech, conduct, love, faith, and purity, show yourself an example of those who believe.



Saint Thérèse of Lisieux

Holiness is a disposition of the heart that makes us humble and little in the arms of God, aware of our weakness, and confident – in the most audacious way – in His Fatherly goodness.

Saint Joseph

Fathers are not born, but made. Whenever a man accepts responsibility for the life of another, in some way he becomes a father to that person. (Patris Corde)



Our 2026 IFC Staff



Fr. Evanibaldo, LC



Fr. Christopher, LC



Vicente Martínez, CMRC



Br. Bernardo, LC



Br. Daniel, LC



Br. Pablo, LC



Fernando



Br. Sterling, LC

Important Information

The Academic Formation within the IFC:

The IFC's academic curriculum is created in collaboration with the Pontifical Athenaeum Regina Apostolorum. Upon request, participants can receive 3 ECTS (*European Credit Transfer and Accumulation System*).

The material for each conference will be given so that the formator can replicate it in his locality.







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