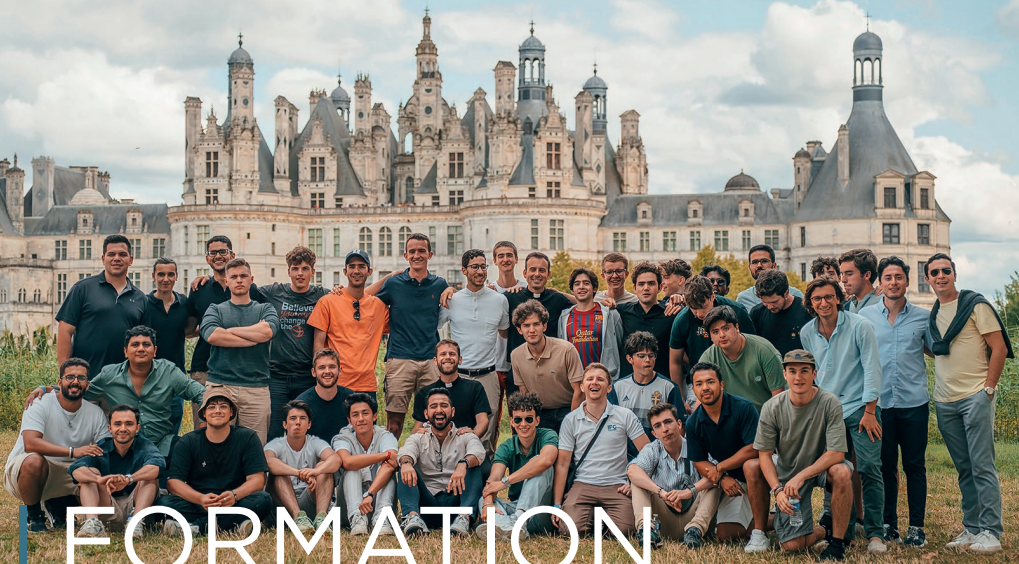




IFC
by Regnum Christi



FORMATION PROGRAM IFC 2025

"May they all be one so that the world
may believe that you have sent me"

John 17:21



REGNUM
CHRISTI

**APOSTLES OF
HOPE**
ROME JUBILEE 2025

www.ifcbyrc.com

Formation of Formators



The Federation promotes the formation of formators because of the awareness that people who are well prepared to form, guide, and inspire others are essential for deep, lasting, and dynamic apostolic action.



**Statutes of the RC
Federation (36)**

INDEX

General Information

Pages 1-6

The Mission
Dynamic Formation
IFC Spirituality



Chapters

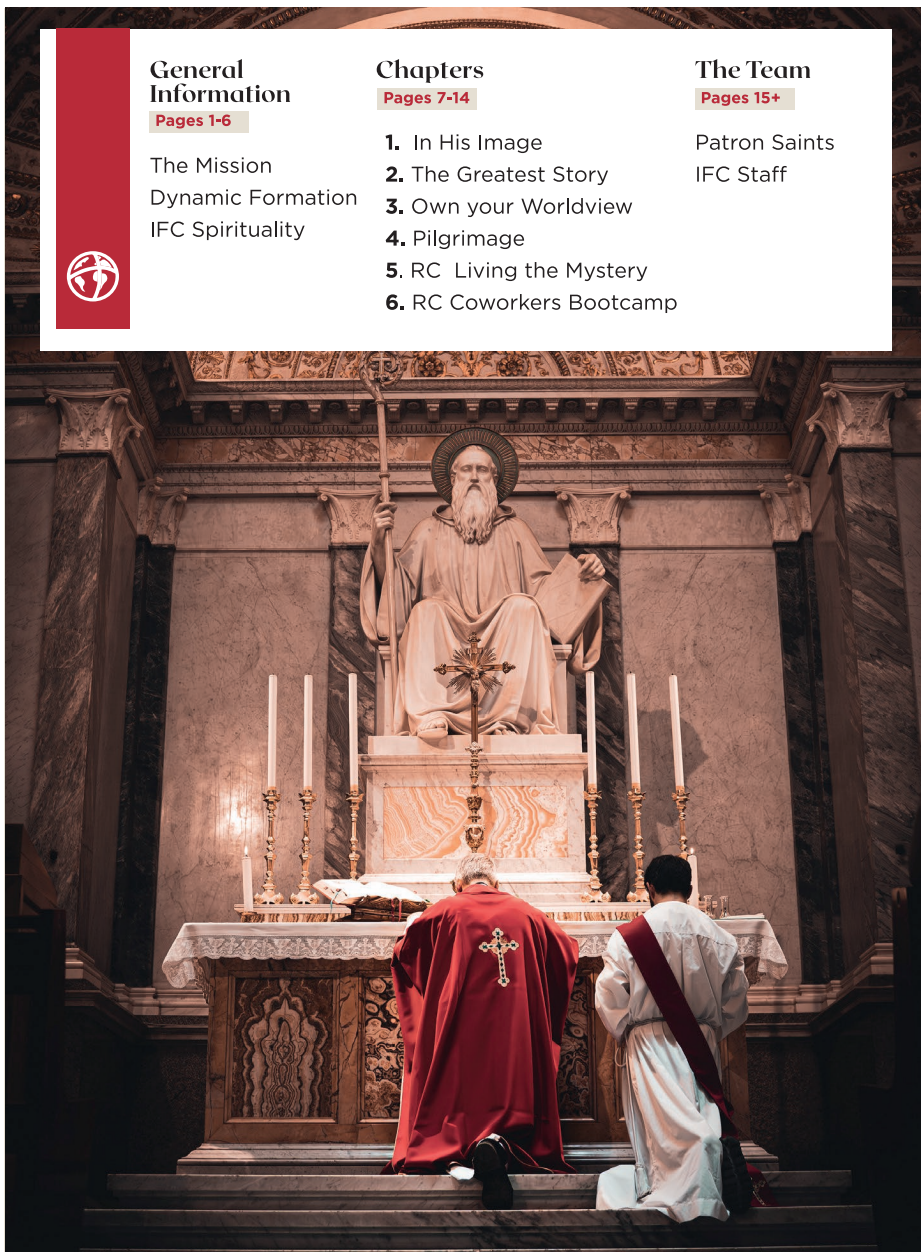
Pages 7-14

1. In His Image
2. The Greatest Story
3. Own your Worldview
4. Pilgrimage
5. RC Living the Mystery
6. RC Coworkers Bootcamp

The Team

Pages 15+

Patron Saints
IFC Staff





Mission

To form and inspire the Regnum Christi formators so that they renew their identity and mission as apostles of the kingdom within Regnum Christi in the Church (cf. SRCF 7, 36).

4 Objectives:

1. Create opportunities for a real, personal and transforming **encounter with Christ**, in which the formator discovers his vocation to be a beloved child of the Father, in Jesus Christ, through the Holy Spirit (cf. LG 7).
2. Facilitate **greater self-knowledge** in each formator, which serves as the basis for the spiritual life, alongside the awareness of their vocation and mission within Regnum Christi and the Church.
3. Offer a **solid intellectual formation** based on the triad God-Man-World, which will help them to understand the world, history, and the signs of the times in light of the Gospel.
4. Facilitate for the formators an experience of the joy of living the faith in a **community of apostles**, aware that we are part of a spiritual family in the Church (cf. EIRC 17).

Dynamic Formation

In the IFC, we aim to cultivate the formator's development through diverse pedagogical approaches. On one front, we pursue a **FORMATIVE** process wherein they are molded following evangelical values and principles, enabling them to embody the image of Christ. Simultaneously, within the **EDUCATIONAL** domain, our goal is to collaboratively explore and unveil all that has been bestowed upon the formator — talents, charisms, and experiences. Finally, within the sphere of **EXPERIENTIAL** learning, our aspiration is for them to consciously and profoundly engage in experiences that contribute to a deeper understanding of self, their relationship with God, and their role in the world.



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IFC Spirituality



The IFC's spirituality is expressed in specific moments where we encounter God in a special way, both communally and individually. It also encompasses times when we delve deeper into this encounter and explore the spiritual life. In the IFC, these moments include:

Daily Meditations

Following the spiritual exercises of St. Ignatius of Loyola as a guide.

Night Prayer with the Blessed Sacrament Exposed

Involving moments of adoration, examination of conscience, and compline.

Eucharistic Adoration

Charismatic Prayer Moments

Apostolate in the City of Rome

Street Faith

Personal Accompaniment

Prayer Workshop

RC Talks

Insightful conferences that delve into the journey of discipleship and spiritual life.



CHAPTERS

The IFC is divided into 4 chapters, which follow a specific pattern. Each activity, conference, and workshop has a specific reason for its place within the curriculum.





Rome

5th - 8th of July

Intro

Breaking the Ice

Assembled from around the world, our international group takes its first steps to becoming a tight-knit community of apostles.

Objective: To introduce the International Formators Course and its program. This chapter will provide the tools which the formators will use throughout the course.

Conferences & Workshops

Expectations Talk

IFC Spirituality Talk

What is a Catholic WorldView

Fr. Gabriel Wendt (English)

Prayer Workshop

Accompaniment Workshop

Inaugural Ceremony and Mass



Rome

9th - 11th of July

Chapter I

In His Image

Here we are introduced to the protagonist, God, and those he chose to participate in the story, mankind.

Objective: To explain the basis of man's dignity, seeking to answer the following questions: Who is man? What is his goal? How does he fulfill his purpose? Similarly, exploring the disorder introduced by original sin, both in terms of the external and internal obstacles that each person faces in his path towards transcendence.

Conferences & Workshops

Christian Anthropology

Br. John Kenny, LC (English)

Unveiling Self - Identity Workshop

Other Activities of Chapter 1:

Visit to Assisi

Visit to the Vatican Museums





Chapter 2



Rome

12th - 14th of July

The Greatest Story

By delving into the Sacred Scriptures and exploring the history of the Church, we enter into the Story of Salvation.

Objective: Our goal of entering the big picture implies, as the Catechism explains, a panoramic view and a “reading that looks for the unity of Scripture and helps illuminate the unity of God’s Plan” of salvation: from creation to the messianic fulfillment in Jesus, and continuing with the birth and spread of the Church.

Conferences & Workshops

The Story of Salvation

P. Anton Vogelsang, LC (English)

Other Activities of Chapter 2:

Angelus with the Pope
Mass in the Vatican



Own Your World View

By Investigating the world in which we live, some of the common ideological trends, and our Catholic perspective, we prepare ourselves for the mission entrusted to us.

Objective: To be aware of and understand the ideologies and problems that challenge today's world, hence forming an objective personal criterion in accordance with the Gospel. From evangelical truth, the lives of the saints and the solid foundation of man's dignity, the formators will seek to acquire the capacity of seeing, judging, and acting as true Christians in their everyday lives, transforming culture through their own testimony.

Conferences & Workshops

Culture, Ideologies, and Dialogue with Postmodernity

Dating Workshop

P. Vincenz Heereman, LC (English)

Apostolic Discernment Workshop

Other Activities of Chapter 3:

Street Faith

Visit to the Papal Basilicas





A Colorful Tapestry

On pilgrimage in France, we explore the lives of the saints as the threads that form the history of the Church.

Objective: To experience God's action in the lives of the saints, and to deepen in our charism's devotion to the sacred heart by visiting the place he revealed it.



Paris:

Saint Vincent de Paul
Our lady of the Miraculous medal - Rue du Bac
Saint Catherine Labouré
Sacre Coeur Night Adoration



Lisieux

Saint Thérèse of the Child Jesus and the Holy Face



Paray-le-Monial

Saint Margaret Mary Alacoque
Saint Claude La Colombière, S.J.



Ars

Saint John Vianney the Curé d'Ars





Living the Mystery

The previous stages offered us a mystery: God's call and man's response. In this chapter, we progress from being static spectators to active participants in the mystery of God's plan of Salvation.

Objective: The goal of this chapter is to dive deeper into the mystery of the Kingdom of Christ to help us better live our identity as Regnum Christi members. We want to focus on what moved Christ to go out to meet and form apostles: establishing the "Kingdom of God." As Regnum Christi members we want to collaborate with Christ so this Kingdom becomes present "in the hearts of all people and in society." (SRCF 7)

Conferences & Workshops

Christ Apostle of the Kingdom.

Call to Divine Filiation, in RC within the Church.

(from the life of St. Paul)

Lifestyle of the Apostle of the Kingdom

Spirituality and Mission

Who am I, and what gifts has God given me.

Encounter with Christ

5 Elements - Formation of Formators

Final Adoration - Apostle of the Kingdom





Special
Chapter



Rome

29th of June - 4th of July

RC Coworker Bootcamp

RC Coworker program leads young people into a deeper relationship with Jesus Christ, forms them as Christian leaders and apostles, and sends them out to put their unique gifts and talents at the service of the evangelizing mission of the Church.

Preparation Course: International Formators Course + 5 days of RC Coworkers Bootcamp.v

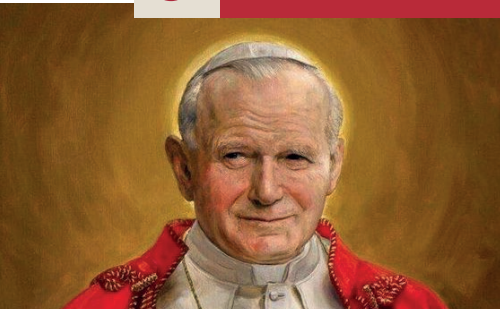
Year-long Follow-Up: Conducted by IFC Staff and Territorial Coordinators of the Coworker Program.

Gatherings: The Coworker's summits will be held in Germany (November) and Rome (April / May), providing rest, prayer, formation, and community. The Spiritual Exercises will be in Reajo del Roble, Madrid (January).

Destinations 2025/26: Germany (Alzgern - Ratingen), Spain (Madrid - Barcelona), Chile (Santiago).



Patron Saints of the IFC



Saint John Paul II

Do not be afraid to draw near to him, to cross the threshold of his dwelling, to speak with him, face to face, as you talk with a friend (cf. Ex 33:11). Do not be afraid of the “new life” he is offering.

Saint Paul Apostle

Let no one look down on your youthfulness, but rather in speech, conduct, love, faith, and purity, show yourself an example of those who believe.



Saint Thérèse of Lisieux

Holiness is a disposition of the heart that makes us humble and little in the arms of God, aware of our weakness, and confident – in the most audacious way – in His Fatherly goodness.

Saint Joseph:

Fathers are not born, but made. Whenever a man accepts responsibility for the life of another, in some way he becomes a father to that person. (Patris Corde)



Our 2025 IFC Staff



Fr. Jaime Plasencia, LC



Fr. Jorge Mora, LC



Vicente Martínez



Br. Bernardo Ross, LC



Br. Daniel de Tezanos Pintos, LC



Br. Sterling Foley, LC



Br. José Andrés González, LC

Important Information

The academic formation within the IFC

The IFC's academic curriculum is created in collaboration with the Pontifical Athenaeum Regina Apostolorum. Upon request, participants can receive 3 ECTS (European Credit Transfer and Accumulation System

The IFC also works as a preparation for the **RC Coworkers year program**

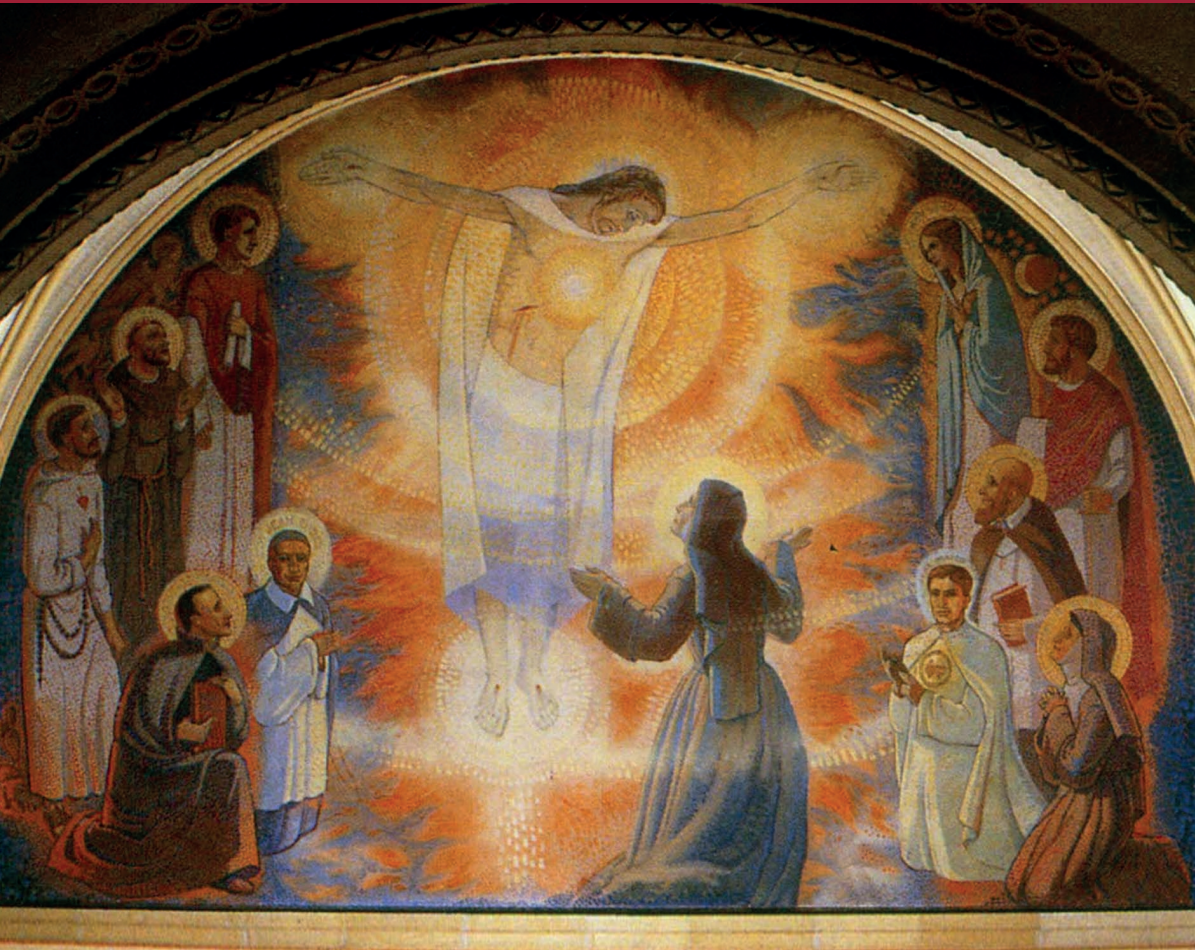
The material for each conference will be given so that the formator can replicate it in his locality.







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