

IFC Syllabus

The formative program of the IFC is validated by the Institute of Religious Sciences of the Pontifical University *Regina Apostolorum*, which grants **4 ECTS** (European Credit Transfer System). Each credit corresponds to 25 hours of academic formation. The distribution of study is divided in the following way:

- 52 hours of lessons in front of the class (conferences, classes, analyses of ethics cases).
- 26 hours of formative activities (workshops, group discussions, various readings).
- 19 hours of *Study Field* (cultural outings, pilgrimages).

General Description

It is a formation and leadership course given in Rome and directed towards formators of *Regnum Christi* (members with apostolic and formative responsibilities). Its principle object is to deepen the knowledge of these three areas: **God – Man – The World**.

The course is articulated with the questions: *Who is God? Who is Man?* and *What is the world that I live in?*:

1. In the first place, to allow them to recognize man as a creature of God, their divine sonship and their call to holiness.
2. In second place, the program gives the participants tools for self-analysis and self-knowledge. It puts emphasis on knowing their own qualities and defects, so as to enable an accurate self-image.
3. In third place, it offers a vision of contemporary society, considering the following dimensions: politics, economy, and religion.

As a result of this analysis, the figure of the Regnum Christi Formator is proposed as a response to current needs of the society we live in. Because of this, the history and context of the Movement, the methodology of apostolate and teamwork will also be deepened.

The course will offer different lectures given by experts in these topics, as well as workshops and dynamics where the participants can acquire skills and abilities, as well as share methodologies, ideas, proposals and conclusions.

Finally, participants will be asked to analyze and synthesize this information, so that they form their own criteria based on these questions. A true criterion, where they do not only listen to the position of the exhibitors, but find pillars and convincing points of reference for their integral formation as solid men and members of Regnum Christi.

Language

English and Spanish, with simultaneous translation in both languages.



Learning Outcomes

1. That they have a real, transforming and lasting encounter with Christ, beyond the emotion of the moment.
2. That they attain a deeper knowledge of themselves. That they know their qualities and areas of opportunity and that they can plan a project of life.
3. That they know and become aware of the ideologies and problems of the current world and form an objective personal criterion according to the Gospel.
4. That they know and grow in love for Regnum Christi, discover their personal mission within the Movement and respond generously to God's plan in their lives.
5. That they discover the importance of self-formation and ongoing formation for the mission and the extension of the Kingdom of God.

Methodology

The methodology of the course is founded on four pillars of education according to *Jaques Delors*:

1. **Learning to know and think:** ethical case method in conferences.
2. **Learning to act:** proposal and realization of different activities or dynamics by the participants.
3. **Learning to live together:** feedback and team building in terms of the interpersonal relationship of the participants.
4. **Learning to be:** prayer, spiritual direction, dialogue, psychometric exams.

The didactic format of the course is based on an interactive methodology; conferences, dynamics and workshops, in addition to certain readings, looking for the participants to be the protagonists of their own training. In addition, there will be some cultural visits to reinforce themes such as Church history, while the participants are imbued with the artistic and cultural heritage of the place, in order to enrich their integral formation.

Grading

- Workshops for each module (50%)
- Group work (25%)
- Oral Exam (25%)

Formation Program

CHAPTER 1: Pastoral

1. Opening - Expectations Talk
2. Explanation of the Curriculum
3. Prayer Workshop
4. Public speaking workshop
5. Public speaking workshop
6. Truth



CHAPTER 2: Anthropology

1. The Dignity of the Human Person
2. The telos of the Human Person
3. The means to achieve it.
4. The Obstacles
5. Vatican Museums - The human persona an incarnated spirit.
6. Workshop presentation
7. Debate
8. Tour of Assisi

CHAPTER 3: Philosophy

1. Ideologies of the Past – History of Philosophy
2. Ideologies of the Present: Gender
3. Ideologies of the Present: Religious Relativism
4. Ideologies of the Present: Political Relativism
5. Ideologies of the Future - Transhumanism
6. Workshop presentation
7. Cineforum

CHAPTER 4: Theology

1. History of the Church
2. Bible Workshop
3. Sociodrama
4. The Shroud

CHAPTER 5: Cultural Visit and Pilgrimage to France

1. Louvre Museum - The human persona an incarnated spirit.
2. History of Religion - The role of France throughout time.
3. Pilgrimage to Paray-le-Monial and Ars - An encounter with the Sacre Cour

CHAPTER 6; Apostolate and Pastoral Work

1. Apologetics
2. The Regnum Christi Apostle
3. Leadership
4. History of RC
5. Projection of your Section. Reading the signs of the times. (Fernando Rincón) Spanish
6. Regnum Christi as a Way to Holiness
7. Workshop - Personal Growth and Feedback
8. Activity of the Chapter
9. Lecture – Cycle of Studies
10. Psychometric Tests
11. Cultural Visits in Rome



Required Readings

1. Apostolic Exhortation *Gaudete et Exultate*
2. Statutes and Reglamento of the Regnum Christi Movement
3. *Evangelii Gaudium*, Francis.
4. Magisterium of the Church in reference to the different chapters of the course (parts of papal discourses, Catechism of the Catholic Church, etc.)

Recommended Readings

- Jesus of Nazareth, Pope Benedict XVI.
- Be Healed, Bob Schuchts.
- Straight Talk, Richard Cohen, MA.
- Strangers in a Strange Land, Charles J. Chaput.
- Christianity and the New Age, Christopher Dawson.
- The Man Christ Jesus, Giacomo Cardinal Biffi.
- Absolut Relativism, Chris Stefanick.
- Don't Call It Love, Dr. Gregory J. Jantz and Dr. Tim Clinton.
- Biblical Roots of the Mass, Thomas J. Nash.
- Wild at Heart, John Eldredge.
- The Crisis of Western Education, Christopher Dawson.
- The Battle for Normality, Gerard J.M. Van Den Aardweg.
- *Sexo con alma y cuerpo*, Mons. José Ignacio Munilla Begoña Ruiz Pereda.
- *La Misa: el beso de Dios*, José Pedro Manglano.
- Be Transformed, Bob Schuchts.
- Something Other than God, Jennifer Fulwiler.
- *El imperio de lo banal*, Ángel Guerra Sierra.
- *La misa antes durante después*, José Pedro Manglano Castellary.
- *Matrimonio y familia*, Walter, J. Schu, LC.
- *Emergencia y urgencia educativa*, Eugenio Albuquerque.
- *Las 6 decisiones más importantes de tu vida*, Sean Covey.
- *Meditaciones sobre la fe*, Tadeusz Dajczer.
- *¡Venid y Veréis!*, Héctor Guerra y Juan Pablo Ledesma.
- *Homilias de Benedicto XVI*, José Pedro Manglano (ed.).
- *Christifideles laici*, Juan Pablo II.
- *El camino de la confianza y del amor*, Jacques Philippe.
- *Ven, sé mi luz*, Madre Teresa.
- *Spe Salvi*, Benedicto XVI.
- *Lumen Fidei*, Francisco.
- *Gender: l'Anello mancante*, Giorgio Maria Carbone.

